ZERO COERCION

# ERASMUS + EUROPEAN PROJECT

## TRAINING PROGRAM FOR THE MANAGEMENT OF SCHIZOPHRENIA CRISIS IN HOME ENVIRONMENTS

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Delovni listi DETA 2

Vsi listi so osnovani na: Wilken, J., Hollander, D. (2015). **Supporting Recovery and Inclusion. Working with the CARe model.** Amsterdam: SWP Publishers.

DELOVNI LIST 1. Moč

| | |
|---|---|
| Zmorem | Imam |
| Sem | |
| Želim | Vem |

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Delovni list 2. Krg življenja*

| ***Domena*** | ***Ocena trenutne situacije na lestvici 1 - 10*** | ***Prvi korak na poti do uresničitve želje (vrednost 10)?*** |
|---|---|---|
| Dom | | |
| Delo | | |
| Izobrazba | | |
| Rekreacija | | |
| Zdravje | | |
| Skrb zase | | |
| Odnosi | | |
| Pomen (vera, spiritualnost) | | |

* Namesto tabele lahko uporabite drug način.

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Delovni list 3. Personal profile

| **Osebni profil**<br>© J.P. Wilken and D. den Hollander (2011; adapted from Rapp and Goscha, 2006) | | Ime: |
|---|---|---|
| ***Možnosti in izkušnje*** | ***Želje in ambicije*** | ***Prejšnje možnosti in izkušnje*** |
| | Dom | |
| | Delo | |
| | Izobrazba | |
| | Rekreacija | |
| | Zdravje | |
| | Osebna nega | |
| | Odnosi | |
| | Pomen (vera, spiritualnost) | |
| Meni najbolj pomembne želje. | | |

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Delovni list 4. Osebni načrt

*Potovanje tisoč milj se začne z enim korakom (Kitajski pregovor)*

| **OSEBNI NAČRT**<br>© J.P. Wilken and D. den Hollander (2010) | | | Ime:<br><br>Podporni delavec:<br><br>Datum: | |
|---|---|---|---|---|
| **Kaj želim doseči (cilj)?**<br><br>**Zakaj je to zame pomembno?** | | | | |
| **Kaj počnem** | **Kaj počnejo drugi** | **Kdaj želim to doseči** | **Kdaj sem to dosegel** | **Opombe** |
| | | | | |
| | | | | |
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Delovni list 5. Načrt zgodnjih znakov

| **Zgodnji opozorilni znaki**<br>© J.P. Wilken, D. den Hollander (1999; 2011; based on Van der Werf e.a., 1998) | | Ime:<br>Datum ocene:<br>Datum evaluacije: | | |
|---|---|---|---|---|
| **Faze** | ***Znaki kot jih vidi klienti*** | ***Znaki, kot jih vidijo drugi*** | **Dejanja uporabnikov** | **Dejanja drugih** |
| **Zelena** | | | | |
| **Rumena** | | | | |
| **Rdeča** | | | | |
| ***Pomembne informacije*** | | | | |

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iED institute of Entrepreneurship Development

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